

**B.S.D.T.'S AYURVED MAHAVIDYALAYA,
WAGHOLI, PUNE**

**Department of Samhita Siddhanta and
Sanskrit**

Organised

Guest Lecture

Guest Speaker: Dr. Dolly (Atreyi) Budhbhatti

Topic: Daivavyapashraya Chikitsa

01/07/2023



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Activity Year- 2023-2024

Date – 01/07/2023

Name of the Activity	Guest Lecture on Extraction of Research Topics from Ayurvedic Samhitas.
Name of the activity coordinator	Department of Samhita, Siddhanta and Sanskrit
Attendees	UG students and Teaching Staff
Place of Activity	Block No. 1
No. of Participants	48
Objective of the Activity	<ul style="list-style-type: none"> ● To provide attendees with a comprehensive introduction to this ancient spiritual healing approach within Ayurveda. ● To encourage attendees to explore further research in this field.
Outcome of the Activity	<ul style="list-style-type: none"> ● Attendees understood the historical background of Daivavyapashraya Chikitsa and its inclusion in Charak Samhita and Sushrut Samhita. ● They realized that the core concept of Daivavyapashraya Chikitsa revolves around the belief that imbalances and ailments in the body can be attributed to spiritual factors. It emphasized the influence of cosmic forces, planetary movements, karma, and the individual's mental and emotional state on overall well-being. ● Attendees learnt various therapeutic techniques employed such as spiritual practices, meditation, chanting and mantra recitation.



